



Dunedin Music Society

Connecting Local Communities With Live Music

Recommended Reading List

The books below have had a tremendous impact on musicians and fans of music alike all over the world. We encourage you to dive a little deeper into why live, in-person music remains such a vital part of a healthy human existence by reading one, two, or all twelve of these books! And as you do, be sure to share your insights in our Facebook group "[Music in the Community](#)."

All these titles are available at [Smile.Amazon.Com](#) - be sure to select the "Dunedin Music Society" as the 501(c)(3) Amazon donates to!

1. Daniel G. Amen, [*Change Your Brain, Change Your Life*](#)
2. Leonard Bernstein, [*The Infinite Variety of Music*](#)
3. Nadia Boulanger, [*Lectures on Modern Music*](#)
4. James Murray Brown, [*Handbook of Musical Knowledge*](#)
5. James Clear, [*Atomic Habits*](#)
6. Ben Folds, [*A Dream About Lightning Bugs*](#)
7. Robert Greenburg, [*How to Listen to Great Classical Music*](#)
8. Trevor Herbert, [*Music in Words*](#)
9. Michael Hyatt, [*Your Best Year Ever*](#)
10. James Kaplan, [*Irving Berlin: New York Genius*](#)
11. Alex Ross, [*The Rest Is Noise*](#)
12. Oliver Sacks, [*Musicophilia*](#)